

Research says the best way to help your kids is to help yourself first.

TURN YOUR FISHER STUMBLING BLOCKS INTO REBUILDING BLOCKS

Dr. Steven Lazarus is a psychotherapist in private practice in Littleton, Colorado. He specializes in separation and divorce issues for both adults and children. He incorporates into his work, the findings from his doctoral thesis, titled **The Effects of Divorce on Children**. Additionally, he has over 15 years experience working with children from all backgrounds. Dr. Lazarus is a former Fisher Seminars facilitator and has a Doctorate of Psychology (Psy.D.) from the University of Denver and a Masters degree in Clinical Psychology from the University of Colorado.



Dr. Steven Lazarus (303) 267-2194

- **Former Fisher Facilitator** – (trained by Bruce Fisher and Jere Bierhaus)
- **Specializing in therapy with children, adults and families**
- **Work through your sadness, anger, and guilt**
- **Expert with helping children during and after divorce**
- **Assist parents with skills that will allow children to successfully adjust to the divorce**
- **Couples therapy to help repair and reconcile relationships**
- **Confidential, safe, and supportive setting**

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